

# **STUDENT HANDBOOK**

**SPRING 2024**

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## WELCOME

Congratulations on your acceptance to the Budapest Semesters in Mathematics program!

The BSM program offers undergraduate students the opportunity to study mathematics in the historic European city of Budapest, Hungary. The coursework is challenging and provides students with a new understanding of mathematics focused on problem solving, student creativity, and group learning.

*Please read the entire Student Handbook and reach out to Vanessa Bodrie, BSM Program Administrator, with any questions: [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) or 507-786-3114*

## PRE-DEPARTURE CHECKLIST

- Email [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) to confirm acceptance.
- Pay Tuition Deposit: **\$750 within 3 weeks of acceptance confirmation.**
- Pay Tuition Balance: \$13,495-\$750 = **\$12,745 due by December 15, 2023**
- Pay Optional Babilon Language Course Fee: **\$410 due by December 15, 2023**
- Read, sign, and return the two contracts at the end of this handbook (pp 15-21)
- Fill out all required forms (links will be sent in an email from BSM)
- Make sure you have a valid passport
- Verify Medical Insurance coverage for study abroad

## PRE-DEPARTURE ORIENTATION

Participation in an online pre-departure orientation is required for all students. As part of this orientation, you will meet the BSM team and fellow students, receive updates on Covid related policies and travel guidelines, and have an opportunity to ask questions.

Date: **TBD via Zoom.** Students will be notified by email and will receive a Zoom link to the session.

## BSM OFFICE AND PARENT COMMUNICATION

Please note that due to student privacy laws, our office cannot always communicate specifics about students with parents. Student safety and well-being are our highest priority.

## WITHDRAWAL FROM THE PROGRAM

Although BSM works to make your stay in Hungary as educationally exciting and culturally rewarding as possible, there have on rare occasions been students who decided to withdraw from the program.

- If you choose to withdraw from the program within the first five weeks of the semester, the program will reimburse a portion of your refundable tuition according to the following schedule: less than 1 week, 90%, less than 2 weeks, 80%, less than 3 weeks, 60%, less than 4 weeks, 40%, less than 5 weeks, 20%.

## TUITION INFORMATION

**Important information regarding payment, please read carefully.**

Dear Students/Parents:

On the next page, you will find an invoice for tuition for the Budapest Semesters in Mathematics program.

If you receive federal student loans, financial aid, grants, or scholarships through your home school, it is often possible for some or all of this money to be applied toward your Budapest Semesters in Mathematics tuition. **Please check with your college/university Financial Services Office or Study Abroad Office to see if they will remit payment or if it is your responsibility. Also check with them to make sure your federal student loans will not begin repayment status when you are absent for a semester.**

If your school is responsible for your tuition, please share **this letter and invoice** with the office responsible for payment. BSM is an Independent Study Abroad program, **not** a St. Olaf College program. The BSM North American Office is physically located at St. Olaf College only. **If your school needs an invoice to come directly from our office, please let me know as soon as possible and I will email it to them directly.** An invoice is not automatically sent to home schools.

Whether it is you or the school making payment, please make checks payable to:  
Budapest Semesters in Mathematics

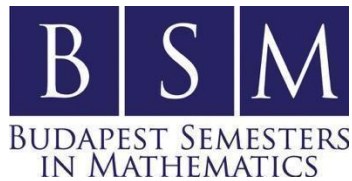
Mail to:  
Budapest Semesters in Mathematics  
Attn: Vanessa Bodrie  
St. Olaf College  
1520 St. Olaf Avenue  
Northfield, MN 55057

**Regardless of your financial aid package, ALL tuition must be paid in full to the Budapest Semesters in Mathematics office in Minnesota by the date listed on the next page.**

If you have questions, please contact Vanessa Bodrie, Program Administrator, at [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) or 507-786-3114.

Thank you,  
Vanessa Bodrie  
BSM Program Administrator

Tuition Invoice



**Spring 2024 Semester**

**Tuition Due Date:** December 15, 2023

Tuition Deposit (non-refundable)	\$750.00
<u>Tuition Balance</u>	<u>\$12,745.00</u>
<b>Total Tuition Cost:</b>	<b>\$13,495.00</b>

**Optional Babilon Language and Culture Course Fee\*:** **\$410.00**

**Total Tuition + Babilon Fee:** **\$13,905.00**

Please make check payable to: **Budapest Semesters in Mathematics**

Mail to: Budapest Semesters in Mathematics  
Attn: Vanessa Bodrie  
St. Olaf College  
1520 St. Olaf Avenue  
Northfield, MN 55057

***BSM tuition and Babilon fee can be paid with one check.***

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**\*Optional Hungarian Language and Culture Course (Babilon School)**

This is an optional, **non-credit**, two-week course scheduled prior to the start of the BSM semester. The course takes place in Budapest. If you indicated that you would like to participate in the Babilon course when you filled out your application, you will automatically be enrolled in the course. If you change your mind and would either like to be removed from or added to the class list, please contact Vanessa Bodrie at [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) or 507-786-3114.

Students can show up in Budapest and participate in the Babilon course, however, they will have to pay for the course in cash (in Hungarian Forints) in person and at a higher price.

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**If your school is responsible for your tuition, please give this invoice to the office responsible for payment. If your school needs an invoice to come directly from our office, please let me know as soon as possible and I will email it to them. An invoice is not automatically sent to home schools.**

Please contact Vanessa Bodrie, Program Administrator with questions:  
[admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) or 507-786-3114

### Additional Program Costs

Flights and associated travel fees remain the responsibility of the student. Please take into consideration Visa requirements and the BSM Academic Calendar when buying your plane ticket.

The estimated costs of living in Budapest during the semester are listed below and are paid by the student in Hungary.

#### Estimated Additional Program Costs

Expense	Cost
Rent (per student per term)	\$2600
Meals (eating out liberally)	\$3150
Utilities*	\$650
Local transportation	\$270
Entertainment, Misc.	\$550
Textbooks	\$150-350
VISA/Residency Permit	\$80

**The above expenses will be paid by the student in Hungarian currency (Forints) in Budapest. These are rough estimates and will vary depending on the current exchange rate.**

\*Utility costs: Recent changes to Hungarian law are impacting the market cost of utilities in Budapest; if students have concerns or questions please contact Anna Foti, Director of Student Services at [anna.foti@budapestsemesters.com](mailto:anna.foti@budapestsemesters.com)

### ACADEMIC INFORMATION

**BSM classes** are held at **College International** (proprietor of BSM headquarters) near Keleti Train Station and close to the red metro line (subway). The building is shared by four independent international programs: “Pre-Med”, McDaniel College, BSM, and BSME (Budapest Semesters in Mathematics Education).

Students usually take 3-4 courses during the semester. During the first two weeks of the program, students may shop around for courses. Final registration takes place during the third week of the semester. This way, students may analyze which courses best fit their interests or are required by their home institution.

Each course, except the research course, has four contact hours (2x2 contact hours) per week. The semester comprises thirteen weeks of teaching and one week of comprehensive exams.

For detailed information on courses, professors, and syllabi go to: [www.bsmath.hu](http://www.bsmath.hu)

If a student would like to pursue a course of study that is not offered, they should reach out to BSM at [office@bsmath.hu](mailto:office@bsmath.hu) to inquire. In many instances arrangements can be made to accommodate the student.

Several research opportunities are offered by BSM faculty every semester. Interested students are required to solve qualifying problems in advance of arrival in Budapest. Qualifying problems will be

posted on the Hungarian BSM website prior to the beginning of the semester. Interested students should submit a solution one week prior to the start of the semester and faculty will determine eligibility based on these submissions.

### Academic Calendar

- The academic program always begins on a Monday.
- The Welcome Party for new students is held on Friday afternoon of the week preceding classes or on Monday afternoon.
- The Farewell Party is held on Thursday afternoon during final exam week.

Spring Semester	2024
Pre-departure Orientation	December 3 - Noon CT via Zoom
Arrival Dates for Babilon Course	January 10-13
Arrival Dates for Students Not Participating in Babilon Course	January 31 - February 3
Babilon Language and Culture	January 15 - January 31
BSM Classes Begin	February 5
Break Days	March 15, March 23 - April 1, May 1
BSM Classes End	May 17
BSM Exams	May 15-17
BSM Program Ends	May 18
Deadline to Vacate BSM Housing	May 21

The complete BSM Calendar can be found here:

<https://www.budapestsemesters.com/academic-calendar/>

### Transcripts

St. Olaf College, Northfield, Minnesota, USA serves as the School of Record for BSM and provides the official transcripts for the program. Transcripts will reflect either letter grades A-F, audit/non-attending, or incomplete. For details see [http://www.bsmath.hu/academic\\_rules.pdf](http://www.bsmath.hu/academic_rules.pdf).

Transcripts will be mailed or emailed to the name and address you listed on the BSM Transcript Release Form. Additional transcripts can be ordered here: <https://wp.stolaf.edu/registrar/transcript-requests/>

### Course Weight

The BSM Program uses course units to describe its courses rather than ‘credit hours’ or ‘semester hours’. This is in concert with the St. Olaf system of counting courses toward graduation. We encourage each institution to make its own evaluation of our courses relative to local requirements and credit levels, but that said, some experience with what is done at other institutions might be useful. Most schools using a semester credit system give 3 credit hours per BSM course. Those that do not, give 4 semester credit hours for the mathematics courses and 3 or 4 semester credit hours for the non-mathematics courses. Those on the quarter system give 4 or 5 quarter hours per BSM course. Those schools (like St. Olaf) that use the course unit system give 1 semester course unit for each BSM course taken: for reference, at St. Olaf 35 courses are required to graduate and a Budapest Semester course transfers as exactly one St. Olaf course.

## Academic Accommodations

College International and BSM do not have a learning disabilities center in their building but can usually provide the same academic accommodations that you are currently entitled to at your home college/university. To qualify, please provide documentation regarding the accommodation to our Director in Budapest, Professor Dezso Miklos – [dezso.miklos@budapestsemesters.com](mailto:dezso.miklos@budapestsemesters.com). A signed letter brought from your learning disabilities office or advisor, or an email sent by an appropriate staff person from your school will suffice.

## GRE/Putnam

Students interested in taking the GRE while at BSM should check with GRE organizers to see if the GRE will be offered in Budapest, Prague or Vienna. <https://www.fulbright.hu/gre/>

Fall semester participants are encouraged to take the [Putnam Exam](#) while in Budapest. Please reach out to the Putnam coordinator at your home institution for more information.

## LIVING IN BUDAPEST

### Climate

Budapest has a continental climate and four distinct seasons. Note that in Europe, temperature is measured in centigrade.

### Currency

ATM machines are readily available in Budapest and accept most major credit and bank debit cards (checking accounts only). You can easily withdraw Hungarian Forints using your debit card; the fees are much less than if you obtain Forints at a U.S. bank. Check with your personal bank on best options to incur minimal fees.

Don't trade currency with strangers, there are designated exchange booths (look for CHANGE signs) all over the city for that. It is **not** a good idea to exchange all your money upon arrival as the bank will charge you for the privilege.

Personal checks, cashier checks, money orders, etc., cannot be readily exchanged, as international banking is quite slow. Although you may deposit a personal check at some local banks in Hungary, it may take several months for the check to clear. However, it is a good idea to bring some personal checks along in case, for example, you need to send in graduate school applications. If you arrive in Budapest without Forints, simply exchange some US dollars for Forints at a bank near your apartment or withdraw money from an ATM using a debit or credit card.

### Electricity

The voltage used in continental Europe is 220v. This renders most North American appliances useless unless they are convertible, battery operated, or you have an adapter. Note that the outlet geometry is also different. For battery-operated devices it may be advisable to take a spare set of batteries along for the trip.

### Housing

Students are housed in BSM approved apartments owned and managed by independent landlords in Budapest city center and residential neighborhoods. City center locations have the advantage of being close to the main cultural attractions of Budapest and the commute time to BSM is short. Residential



neighborhoods are a bit further from campus and tend to be a bit quieter. Housing and roommate assignments are arranged by our Hungarian BSM staff based on the information you provide in your Housing Form.

Due to potential last-minute changes, housing assignments are communicated to students upon arrival in Budapest. The BSM representative who picks you up at the airport or train station will accompany you to your apartment. They will give you a mini orientation in your new neighborhood including the location of the nearest ATM or currency exchange booth and how it works, where to catch public transportation and how to purchase tickets, and directions to the nearest food store and pharmacy. They will also explain how to get from your location to both BSM and the Babilon Language School.

Typically, two or three students are housed together, and each student will have their own bedroom with a door. Apartments come completely furnished including pillows, sheets, towels, kitchenware, washing machine, etc. Clothes dryers are extremely rare. Keep in mind that thick items, such as sweatshirts, take several days to air dry; please pack accordingly. Apartments might be small by North American standards, with modest kitchen facilities. All apartments are located within easy reach of BSM, either on foot or using convenient and inexpensive public transportation. **There will not be apartment changes after arrival.** Specific questions on housing can be directed to Anna Foti, Director of Student Services, at [office@bsmath.hu](mailto:office@bsmath.hu).

Rent prices per person, regardless of location, should be in the range of about \$450-\$475 per month plus one time security deposit. The security deposit is usually equal to one month's rent. The first month's rent will usually be payable within a week of your arrival. Please be aware that Hungarian laws governing rental properties vary greatly from laws in North America. Lease details may vary from apartment to apartment. **Do not pay any rent until a lease has been signed. Do not sign any lease agreements until you fully understand and are comfortable with the terms.** Your landlord should be willing to give you a few days grace period in which to do so. Please address housing questions to the Director of Student Services, Anna Foti, [office@bsmath.hu](mailto:office@bsmath.hu)

**For our part:** For the rental apartments offered via BSM, each landlord has been provided with a list of basic equipment each apartment should have. You can expect your apartment to be equipped with all basic and necessary items (including bed linens, towels, pillows, and kitchenware) and to be clean and scrubbed when you arrive.

**For your part:** We expect that you treat the apartment and its contents with respect and care. After the term is over, it is up to you to be sure that all trash has been removed from the premises, beds are made, dishes are washed, and all keys are returned. Owners are allowed to deduct trash collection, repair, and extra cleaning costs from your refundable security deposit. As members of the BSM class, you are the forerunners for future students and your conduct and behavior will affect how willing Hungarians are to rent to BSM students in the future.

### Language

All BSM classes are conducted in English. Many of the Hungarian people you meet in Budapest will speak some English. Though it is not necessary to learn Hungarian to participate in the BSM program, learning a few key words and phrases can make your stay in Budapest a little easier. We recommend

taking the optional Babilon Language and Culture course if it is of interest to you and fits into your schedule.

### **Babilon Language and Culture Course**

The **Babilon School of Languages** offers an optional, non-credit, intensive Hungarian language course as well as immersion in local culture and life in Budapest. The course begins two weeks before the start of the spring semester. This course is not included in the BSM tuition fee.

If you indicated in your application that you would like to attend, you are already enrolled. If you did not indicate this and would like to attend, please email the BSM North American office at [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com). All Babilon students will receive an email from Babilon about a month before class begins with details on the program.

Babilon School of Languages  
1075 Budapest  
Károly krt 3/a IV em  
Hungary

telephone: (011) (361) 269-5531  
fax: (011) (361) 322-6023  
email: [info@babilon-nyelvstudio.hu](mailto:info@babilon-nyelvstudio.hu)  
website: [www.babilon-nyelvstudio.hu](http://www.babilon-nyelvstudio.hu)

### **Phone and Internet**

Cell phone - It is important to check with your existing carrier to understand the rates and fees if you choose to use your phone plan in Budapest. One option is to unlock your phone and purchase a pay-as-you-go SIM card in Hungary.

Internet - Most students choose to bring a personal laptop. There is a free wireless network available at BSM for student use. There are also many free WIFI hotspots throughout Budapest and all apartments have high-speed internet connections. Remember to bring any adapters, converters, and/or cords for all electronics.

### **Prohibitions**

Do not take any weapons or illegal drugs to Hungary. It is considered a major felony and will result in immediate expulsion from the program. Note that Hungary has zero tolerance for drugs, including marijuana. In addition, vehicles can only be driven by a person with a 0% blood alcohol level. Please note that it is also illegal to mail prescription medications to Hungary. **For questions about traveling to Hungary with prescription medications contact Orsolya Pulay at [orsolya.pulay@budapestsemesters.com](mailto:orsolya.pulay@budapestsemesters.com)**

### **Safety**

Budapest is a safe city. Caution and common sense are always advised when getting to know a new place. Keep money and valuables in your apartment or hidden from view, especially when traveling on public transportation or in crowded venues. We also advise students to lock their apartment doors to reduce the chance of burglary. As in any city, it is best to travel in groups if going out at night. The legal drinking age in Hungary is 18, but we advise students to use caution and moderation if choosing to drink.

### **Transportation**

Public Transportation - Budapest has an excellent public transportation system (BKK). There are underground metro lines, a suburban rail line (HÉV), trams, and busses. Fares are reasonable and you

can purchase (30-day/weekly/daily) transportation passes. Additional information including timetables and fare information can be found here: <https://bkk.hu/>

### Useful Links

<http://www.budapestsemesters.com/other-useful-links/>

## TRAVEL

### Travel to Budapest

Flights and associated travel expenses are the responsibility of the student. Compliance with Health and Safety related travel requirements and flight change policies of the airline are the responsibility of the student.

### Arrival Dates

If participating in the Babilon Language and Culture course, plan to arrive in Budapest **January 10-13, 2024**. If not participating in the Babilon course please arrive **January 31-February 3**.

### Passport and Visa/Residence Permit Requirements

All students must have a current passport, valid for at least 3 months beyond their return date. Please read the following information carefully before booking your travel to Hungary.

This information details visa and residency requirements for students entering Hungary and the [Schengen Area](#) to study at BSM in the Fall/Spring semester. Some students will need a Visa to enter Hungary. All students will require a Residence Permit to stay in Hungary for the semester (in this case, more than 90 days).

### **Preparation for your semester in Hungary depends on your citizenship.**

#### **North American and other eligible citizens:**

You are a citizen of a country with a tourist visa waiver agreement with Hungary. As a student studying and living in Budapest for more than 90 days, you are required to obtain a Residence Permit. You may do this at the Immigration Office in Budapest, with the help of BSM staff after you arrive.

For a full list of countries in this category see:

<http://konzuliszolgalat.kormany.hu/visa-waiver-agreements>

For ease of entry into Hungary we encourage students in this citizenship category to apply for a [consular certificate](#).

#### **EU Citizens (Schengen Area):**

<https://sites.google.com/a/bsmath-forms.net/visainfo/main/home/section-1>.

#### **All Other Citizens:**

[http://www.bsmath.hu/bsm\\_vis\\_a\\_other\\_citizens.html](http://www.bsmath.hu/bsm_vis_a_other_citizens.html).

Questions?

Visa and residence permit questions should be addressed to Agnes Szilard at [agnes.szilard@budapestsemesters.com](mailto:agnes.szilard@budapestsemesters.com)

## Travel Documents

In addition to your valid passport, please carry the three important BSM letters (Acceptance Letter, College International Letter, and Travel Letter) emailed to you as part of your acceptance email to show to customs officials if requested.

- Hungarian law requires every adult to always carry a photo ID. It is best to have a copy of your passport page together with your driver's license or a student photo ID.
- You must always have your passport with you when traveling outside of Budapest.
- If the Immigration Officer at the border asks for your lodging information, please provide "Budapest Semesters in Mathematics, Bethlen Gábor tér 2, Budapest, 1071 Hungary" as your address.

International Student Identity Card (ISIC) - Students may choose to purchase international student IDs in the United States before traveling to Budapest as they offer some discounts to museums and other activities. <https://www.myisic.com/isic-card/>

## Luggage

### Tagging Your Luggage

Make sure your luggage is labeled inside and out with your destination:

**Budapest Semesters in Mathematics**

**Bethlen Gábor tér 2**

**Budapest, Hungary 1071**

If your luggage is lost or delayed, use this same address. There is 24-hour door service at BSM to receive your luggage. Please notify the BSM office in Budapest so they know to expect it. [office@bsmath.hu](mailto:office@bsmath.hu)

### Mailing Luggage or Packages to Budapest in Advance of Travel

Email [office@bsmath.hu](mailto:office@bsmath.hu) prior to mailing packages or luggage to Budapest. Declare the value of the contents under \$50, and mark the form: "used, personal items" and mail to the address listed above.

Please note that it is illegal to mail prescription medications to Hungary.

## What to Pack

### Things to include in your carry-on luggage:

- Airline or train ticket
- Passport (plus a paper copy to keep in a safe place in case you lose your passport)
- Prescription medications with a doctor's note certifying that you need this medication.
- Major credit card / plus a small amount of cash
- Debit card for withdrawing local currency.
- A physical copy of your official BSM Acceptance Letter
- A physical copy of the College International Letter
- A physical copy of the Travel Letter
- A [Consular Certificate](#) for eligible students
- BSM Budapest contact and emergency numbers (see p.12)
- Health insurance card or documentation (required)
- Phone charger
- A change of clothes in case your luggage is delayed.

## Airport Arrival

A BSM representative will meet you upon arrival at the airport or train station and drive you to your apartment. After clearing customs, you will leave the baggage claim area and go to the arrival hall (follow signs for ground transport). Look for a BSM representative holding up a sign saying, "Budapest Semesters". **Do not leave the airport until you locate each other.** Send an email to [office@bsmath.hu](mailto:office@bsmath.hu) or call 00-36- 20-628-5562 the BSM emergency number if you cannot find the BSM representative.

## Flight Delays

In North America: Once you begin your journey, please remember to notify the office in Budapest and the North American Office of any flight changes or delays. E-mail both [office@bsmath.hu](mailto:office@bsmath.hu) and [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) or use one of the telephone numbers below.

Outside of North America: It is important to notify our BMS team in Budapest about any flight delays as this will have an impact on transportation from the airport on arrival. If you need to contact Budapest from Europe, the country code for Hungary is +36, followed by the BSM 24/7 emergency cell phone number 20-628-5562. **You may need to ask airline staff for assistance in making this international call.**

## BSM Budapest Office Contact Information

Budapest Office Hours: 8:00 a.m. - 3:00 p.m.  
BSM Office Cell Phone (when calling within Hungary): 00-36-30-474-3924  
BSM Office Cell Phone (when calling from the US): 011-36-30-474-3924  
BSM Fax number (from the US): 011-36-1-413-3030  
Address: Budapest Semesters in Mathematics, Bethlen Gábor tér 2, Budapest,1071-Hungary

**BSM 24/7 Emergency Cell Phone # (when calling within Hungary): 00-36-20-628-5562**  
**BSM 24/7 Emergency Cell Phone # (when calling from the US): 011-36- 20-628- 5562**  
**EMAIL: [office@bsmath.hu](mailto:office@bsmath.hu)**

When it is noon in New York and 9 a.m. in San Francisco, it is 6 p.m. in Hungary. At 6 p.m. in New York, it is midnight in Budapest. If a parent is calling the student's cell phone from North America, dial 011-36- 30- plus their 7-digit phone number. [011=overseas access, 36=country code (Hungary), 1=city code (Budapest)].

**Remember to notify both BSM offices at [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) and [office@bsmath.hu](mailto:office@bsmath.hu) with any arrival changes or delays to keep them informed.**

## HEALTH and SAFETY

### Medical Insurance

For long-term benefits and coverage outside of Budapest, **it is mandatory that you have an insurance policy that is valid for your travel dates and your entire stay in Hungary.** Before you leave, please call your medical insurance company and make sure your insurance is valid in Hungary and the EU. **Students are required to have a valid insurance policy, covering at least \$50,000 of their health expenses as well as covering medical emergency evacuation costs.** If your medical insurance does not cover evacuation costs, we encourage you to acquire additional travel insurance. Several US companies offer appropriate insurance for your travel/study abroad needs (e.g. Gateway US, IMG, CMI or ISOS).

As part of your tuition, you will be provided with access to 24/7 medical care in Budapest coordinated by the Swiss Clinic.

<https://www.budapestsemesters.com/wp-content/uploads/2021/11/Swiss-Medical-Nov.-30-2021.pdf>

. Swiss Clinic coordinates access to a reliable, English language health service. **It does not replace your required health insurance and does not cover hospitalization.**

## Mental Health and Wellbeing

### Mental Health Counseling

We believe that a student's overall health, both mental and physical, is of utmost importance. Adjusting to a new urban environment and the demands of academic life can be stressful. Talking with a professional counselor can help you find ways to manage academic pressures, personal problems, and cultural adjustments. College International provides BSM students with access to a counselor who will be available on campus. Counseling differs from psychotherapy in the sense that it is aimed at issues, difficulties, and challenges in the present moment and its focus is coming up with practical solutions that the client can immediately apply in their everyday life. Counselors work with the student to find available resources and to come up with a plan for addressing issues. Please email the Director of Student Services (DSS), Anna Foti, at [anna.foti@budapestsemesters.com](mailto:anna.foti@budapestsemesters.com) if you would like to make an appointment with one of our counselors.

### Well-Being Support - Director of Student Services (DSS)

The BSM Director of Student Services, Anna Foti, is the first line of contact whenever a student encounters challenges that they do not know how to address on their own in Budapest. Examples include, but are not limited to, help with housing issues, assistance with transportation, and general questions about life and learning at BSM in Budapest.

### Prescriptions

**It is important that you bring an ample supply of any prescription medicine you use for the duration of the semester with a note from your doctor certifying that you need the medication for your condition.** Please list all prescription medications on your Medical Form. Contact Orsolya Pulay at [orsolya.pulay@budapestsemesters.com](mailto:orsolya.pulay@budapestsemesters.com) with questions.

Note that it is illegal to mail prescription medicines to Hungary from the U.S.

## BSM POLICIES

### Sexual Harassment and Assault Policy and Procedures

Budapest Semesters in Mathematics is committed to a safe and healthy environment and as such will not tolerate sexual assault or sexual harassment in any form. Sexual assault is a crime in both Hungary and the United States and sexual harassment is a violation of federal and state laws in the United States. BSM recognizes both as serious violations of individual rights and dignity. Sexual assault and sexual harassment are not only acts of disrespect, violence, aggression or coercion against an individual, but also are attacks on our community.

Our policy can be found here:

<https://www.budapestsemesters.com/wp-content/uploads/2021/01/Sexual-Harassment-and-Assault-BSM-2021.pdf>

Reports of sexual assault or sexual harassment may be made by students, faculty members, or staff members to the Director of Student Services in Budapest, Anna Foti: [anna.foti@budapestsemesters.com](mailto:anna.foti@budapestsemesters.com)

BSM 24/7 emergency cell phone # (within Hungary): 00-36-20-628-5562

The same cell phone # from the United States: 011-36-20- 628-5562

If there is a conflict in reporting, please contact the North American Director of BSM, Prof. Kristina Garrett at [director@budapestsemesters.com](mailto:director@budapestsemesters.com) and the Hungarian Director of BSM, Prof. Dezso Miklos at [dezso.miklos@budapestsemesters.com](mailto:dezso.miklos@budapestsemesters.com) or the Directors of College International.

#### **Policies and Procedures for Health and Safety**

The BSM Directors closely monitor situations in Budapest, Hungary, Europe, and the United States relative to health and safety. The BSM program will run only if there is confidence that we can do so safely and anticipate completion of the semester in-person and in-country. Once students arrive in Budapest, they are bound by their commitment to the [Community Contract for Health and Safety](#) (one of the required BSM forms).

**BSM strongly recommends that all students, faculty, and staff remain up-to-date on their Covid vaccinations, per [CDC guidelines](#).**

Students may be required to participate in group and/or individual Covid19 testing throughout the semester.

## REQUIRED BSM ONLINE FORMS

Please fill out the following **required forms** as soon as possible using the links in the email sent to you by the BSM North American Office. A copy of the completed forms will be sent to both the North American and Hungarian BSM Offices.

1. Medical Form
2. Housing/Roommate Form
3. Travel Form
4. Transcript Release Form
5. Community Contract for Health and Safety
6. Contract to Participate in BSM

1. **Medical Form** - this information is used in the event of a medical emergency so please be sure to include all necessary medical information. If you use prescription medication, please list its purpose.

Before you depart for Hungary, please call your insurance company and make sure your insurance is valid in Hungary and find out what type of costs are covered and the amount of coverage. **Students are required to have a valid insurance policy, covering at least \$50,000 of your health care expenses, as well as coverage for emergency evacuation costs.** If your insurance does not cover evacuation, we encourage you to purchase supplemental travel insurance in the event of a medical emergency. Several US companies offer appropriate insurance for your study abroad needs: e.g. Gateway US, IMG, CMI or ISOS.

2. **Housing/Roommate Form** – this information is used to determine housing assignments in Budapest. **You will receive your housing information when you arrive in Budapest and are picked up at the airport.** Questions about specific housing information that is not found in this handbook or on the website may be directed to the BSM Hungarian Office at [office@bsmath.hu](mailto:office@bsmath.hu).
3. **Travel Form** - this information is used for coordinating pick-up at the airport and transportation to your apartment. It is essential that the travel details you provide are accurate so please inform both the North American and Hungarian Offices of any changes to your travel plans. **Check the academic calendar for the earliest arrival date and the latest departure date.**
4. **Transcript Release Form:** Indicate where you would like to have an official transcript sent at the end of the semester.
5. **Community Contract for Health and Safety** – a hard copy of this form can be found on pp. 15-16 of this handbook. **This form requires a physical signature from the student.**
6. **Contract to Participate in BSM** - a hard copy of this form can be found on pp. 17-21 of this handbook. **This form requires physical signatures from both the student and parent(s)/guardian.** *Independent students can request a revised version of the contract.*

Contact [admin@budapestsemesters.com](mailto:admin@budapestsemesters.com) or call 507-786-3114 if you have questions regarding these forms or if you have not received the email with links to the forms.



## **BSM Community Contract for Health and Safety**

*Updated August 2023*

The health and safety of our BSM community members is of utmost importance. We have designed a set of policies and procedures that are outlined in our **Policies and Procedures for Health and Safety** document, which we expect you to read carefully.

To set a clear expectation of your commitment to our safety policies and procedures, each BSM student is **required** to acknowledge their agreement with the contract below as a condition of their participation in BSM during the semester.

### **I agree to the following:**

#### **Pre-Departure and Arrival:**

- I will participate in the pre-departure orientation.
- I will comply with all travel and visa requirements that may affect my entry into Hungary.
- I will participate in the Hungarian arrival orientation once in Budapest.

#### **Monitor and Care:**

- I will monitor my health and report any Covid symptoms, exposure, or positive test result to the Director of Student Services.
- If I am experiencing symptoms, I will mask to prevent transmission of the virus.
- If I receive a positive covid test result, I agree to comply with current isolation/quarantine/masking policies and procedures for return to in-class meetings as communicated by the BSM Hungarian staff.

#### **Personal Travel:**

- I understand that personal travel during the semester may increase exposure to viruses, and that I embark on personal travel at my own risk and expense.
- Prior to any personal travel, I will inform the Director of Student Services and provide contact information where I will be accessible for the duration of travel.

#### **Local / Regional / National Regulations:**

- I will adhere to all local, regional, and national regulations. I understand that these regulations may include (but are not limited to) masking requirements, closing of classroom buildings, local curfew or lockdown, or national evacuation.
- International travel regulations can change at any time, and I agree to abide by these regulations.

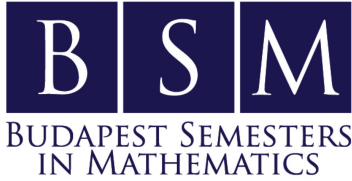
#### **Participation in BSM:**

- I have read the **Policies and Procedures for Health and Safety** and agree to adhere to the safety standards as outlined in that document.
- I understand that participation in BSM is contingent upon following these standards.
- I understand that **not** following the standards may result in removal from BSM.

**Signature:**

**Printed name:**

**Date:**



**READ, SIGN, AND RETURN**

## Contract to Participate in the Budapest Semesters in Mathematics Program

**This four-page Contract Agreement requires the signatures of both the student and both of their parents or legal guardian** in order to receive permission to participate in the Budapest Semesters in Mathematics Program.

In consideration of being allowed to participate in the Budapest Semesters in Mathematics Program,  
I, \_\_\_\_\_ hereby agree to the following conditions of participation:

### **1.0 ASSUMPTION OF THE RISKS, GENERAL RELEASE, PERSONAL CONDUCT, AND INDEMNITY:**

**1.1** I understand that the Budapest Semesters in Mathematics Program will be conducted in a foreign country, and that there are certain dangers, hazards and risks inherent in international travel, living, and the activities included in this Program, including but not limited to those arising from crime, civil disturbances, health conditions, and travel or other accidents. I understand that these dangers, hazards and risks could include serious or even fatal injuries and property damage.

**I understand that the Budapest Semesters in Mathematics Program has not made, and does not make, any representations regarding my personal safety or the safety of my property while participating in the Program.**

**1.2** I understand that as a participant in Budapest Semesters in Mathematics Program I am subject to (a) the same standards of conduct and academic regulations while abroad as stipulated at my home institution, (b) the regulations set by my home study abroad office, (c) the regulations set by the Program and the host institution, (d) the laws of the host country. I also acknowledge that it is essential to understand and respect norms of conduct and patterns of behavior that may be different from standards in my own country. **I agree to abide by these rules and standards of behavior when I am in the company of other study abroad program participants and also when I may be physically separated from Program participants.**

**1.3** I further understand that it is important to the success of the present Program and the continuation of future semesters that participants observe standards of conduct that would not compromise the Budapest Semesters in Mathematics Program in the eyes of individuals and organizations with which it has dealings. I acknowledge that the North American and/or the Hungarian Director's responsibility for setting rules and interpreting conduct for this purpose. I understand and agree that if the North American and/or the Hungarian Director, the Program, or the host institution may, at their discretion, impose disciplinary measures or withdraw me from the Program because of a violation of such rules, improper behavior, academic reasons, or conduct which could bring the Program into disrepute, or its participants or personal into jeopardy, that decision will be final and may result in the loss of academic credit and the loss of Program fees.

**1.4** It is understood that should the student elect to remain abroad after their dismissal from or their withdrawal from the Program, that the Budapest Semesters in Mathematics Program nor any additional Program Sponsors will continue to act as sponsor for the student, nor will the Budapest Semesters in Mathematics Program nor any additional Program Sponsors be in any way liable for that student.

**1.5 Knowing the dangers, hazards and risks of such activities, and in the consideration of being permitted to participate in this study abroad program, I agree to assume all the risks and responsibilities surrounding my participation in the Budapest Semesters in Mathematics Program.** In advance of my participation, I release, waive, forever discharge, and covenant not to sue the Budapest Semesters in Mathematics Program, its governing board, officers, agents, employees, and students acting as employees (here-in-after referred collectively as “the Budapest Semesters in Mathematics Program”) from and against any and all liability for any harm, injury, damage, claims, demands, actions, causes of action, costs, and expenses of any nature whatsoever which I may have or which may hereafter accrue to me, arising out of or related to any loss, damage or injury, including but not limited to suffering and death, that may be sustained by me or by any property belonging to me whether caused by the negligence of the Budapest Semesters in Mathematics Program, or otherwise, while I am on this study abroad program, engaged in any activities in connection with the Program, or in transit to or from the foreign country where the Program is being conducted.

**I agree that the Budapest Semesters in Mathematics Program does not assume responsibility or liability for any personal injuries or property damage. I also agree to hold the Budapest Semesters in Mathematics Program harmless from any loss, liability, damage or cost the Budapest Semesters in Mathematics Program or any third party may incur due to my participation in any of the above-described activities.**

**1.6** I, on behalf of myself, my heirs, and personal representatives, hereby release the Budapest Semesters in Mathematics Program and any cooperating institution and their officers, employees, successors and agents from any and all claims and causes of action, including but not limited to, for inconvenience, damage to or loss of property, medical or hospital care, personal illness or injury or death arising out of my participation in the Budapest Semesters in Mathematics Program and/or travel or activity conducted by or under control of the Budapest Semesters in Mathematics Program or any cooperating institution.

## **2.0 MEDICAL:**

**2.1 I understand and acknowledge that inherently there are health risks associated with living and studying abroad and I agree I am personally responsible.** I assume full responsibility for any undisclosed physical or psychological problems that might impair my ability to complete the Program, and I release the Budapest Semesters in Mathematics Program from any liability for injury to myself or damage to or loss of my possessions caused by acts of God or by situations beyond the control of the Budapest Semesters in Mathematics Program. I state that there are no pre-existing health related reasons or problems which preclude or restrict my participation in Budapest Semesters in Mathematics Program.

**2.2** I understand and agree that, in the event of psychological illness to me, I authorize and grant permission to the Budapest Semesters in Mathematics Program to secure medical treatment on my behalf. I understand and agree that the Budapest Semesters in Mathematics Program will notify my emergency contact if I am unable to grant consent or if circumstances warrant, and to grant, deliver or execute written or oral consents to medical action as may be required or requested by service providers. I understand and agree that the Budapest Semesters in Mathematics Program assumes no responsibility or liability for any injury or damage which might arise out of or in connection with such authorized medical treatment, and that I accept all financial responsibility for such medical treatment and related services.

**2.3** In the event of physical illness or injury to me, I authorize and grant permission to the Budapest Semesters in Mathematics Program to secure medical treatment on my behalf including but not limited to surgery and the administration of anesthetic, to notify my emergency contact if I am unable to grant consent or if circumstances warrant, and to grant, deliver or execute written or oral consents to medical action as may be required or requested by service providers. I understand and agree that the Budapest Semesters in Mathematics

Program assumes no responsibility or liability for any injury or damage which might arise out of or in connection with such authorized medical treatment, and that I accept all financial responsibility for such medical treatment and related services.

**2.4 I understand that psychological or physical illness or injury can be sufficiently serious as to prevent me from continuing the Program, and that if at any time the North American Director, Hungarian Director, Program, or Host Institution deems my continuing stay a threat to my health, they may at their discretion withdraw me from the Program and that this decision is final.** Knowing this, I (a) release, waive, forever discharge, and covenant not to sue the Budapest Semesters in Mathematics Program its governing board, officers, agents, employees, and students acting as employees from and against any and all liability for any harm, injury, damage, claims, demands, actions, causes of action, costs, and expenses of any nature whatsoever which I may have or which may hereafter accrue to me arising out of or related to any loss, damage or injury, (b) including but not limited to suffering and death, that may be sustained by me or by any property belonging to me whether caused by the negligence of the Budapest Semesters in Mathematics Program, or otherwise, while I am on this study abroad program, engaged in any activities in connection with the Program, or in transit to or from the foreign country where the Program is being conducted. I agree that the Budapest Semesters in Mathematics Program does not assume responsibility or liability for any such personal injuries or property damage. I also agree to hold the Budapest Semesters in Mathematics Program harmless from any loss, liability, damage or cost the Budapest Semesters in Mathematics Program or any third party may incur due to my participation in any of the above-described activities stemming from or related to this withdrawal.

### **3.0 TRAVEL/TRANSPORTATION:**

**3.1** I understand that I will be traveling during the Budapest Semesters in Mathematics Program by various modes of transportation. **I agree that the Budapest Semesters in Mathematics Program is not responsible or liable for any loss of property, injury or death during such travel.** I also understand that, due to traffic congestion, different traffic laws and regulations, and the language barrier, riding a bicycle and driving a motorized vehicle in a foreign country can be extremely hazardous. I understand that insurance requirements and other financial responsibility laws vary from country to country, and I agree that if I choose to do so, the Budapest Semesters in Mathematics Program assumes no responsibility or liability should I be involved in an accident.

### **4.0 INSURANCE:**

**4.1 I understand that I am required to have adequate health, accident and hospitalization insurance to cover myself while traveling to and from the Budapest Semesters in Mathematics Program, during participation in the Program, and at the Program site.** I have arranged for adequate insurance to meet any and all such needs. I agree that the Budapest Semesters in Mathematics Program is not responsible for attending to any of my medical or medication needs, that I assume all risk and responsibility therefore, and that if I am required to be hospitalized or otherwise receive medical treatment during my study abroad program, the Budapest Semesters in Mathematics Program does not assume any responsibility for payment of such costs.

**4.2** Additionally, I agree to complete, in full, a BSM Medical Information Form, a copy of which I have received. Failure to complete the form, to answer the questions truthfully, or failure to have and maintain proper insurance may be grounds for non-acceptance or for expulsion from the program.

This Contract Agreement constitutes the entire agreement between the undersigned persons and the Budapest Semesters in Mathematics Program pertaining to the subject matter hereof. It is agreed that no oral or written representations, statements or inducements have been made, except as expressly set forth in the Agreement. No supplementation, modification, waiver, or termination of this Agreement shall be binding unless executed in writing by the undersigned persons and the Budapest Semesters in Mathematics Program.

Please note that this form requires the signature of the student and both parent/s or legal guardian regardless of the student's age. In particular, if a student is considered a dependent for federal or state income tax purposes or for financial aid, the parents waiver portion of this form must be signed and returned prior to participation. If the student is financially and legally independent, they should send us a letter to that effect and request an alternate form. Please make a copy for your records.

I have read and understand all the terms of the Contract Agreement as stated above, and I agree to be bound by those terms. I have been given the opportunity to understand any terms that I did not understand previously.

\_\_\_\_\_  
Signature of Participant Date

\_\_\_\_\_  
Name (please print) semester/s attending

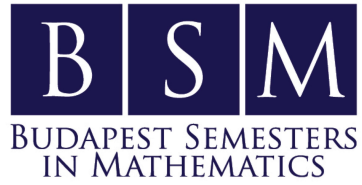
We have read and understand all the terms of this Contract Agreement as stated above, and we agree to be bound by those terms. We give our child (ward) permission to participate in the Budapest Semesters in Mathematics Program.

\_\_\_\_\_  
Signature of parent/s (or legal guardian) Date

\_\_\_\_\_  
Signature of parent/s (or legal guardian) Date

**Please sign this form and upload all 4 pages into the BSM Waiver Form link in the BSM email that was sent to students.**

**Or mail to:  
Budapest Semesters in Mathematics  
c/o St. Olaf College  
1520 St. Olaf Avenue  
Northfield, MN 55057**



[admin@budapestsemesters.com](mailto:admin@budapestsemesters.com)

Office Phone: 507-786-3114

BSM North American Director: Professor Kristina Garrett  
BSM Associate Director: Professor Kathryn Ziegler-Graham  
BSM Program Administrator: Vanessa Bodrie